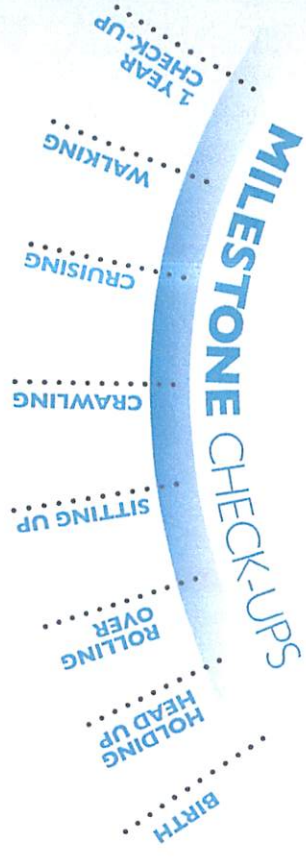
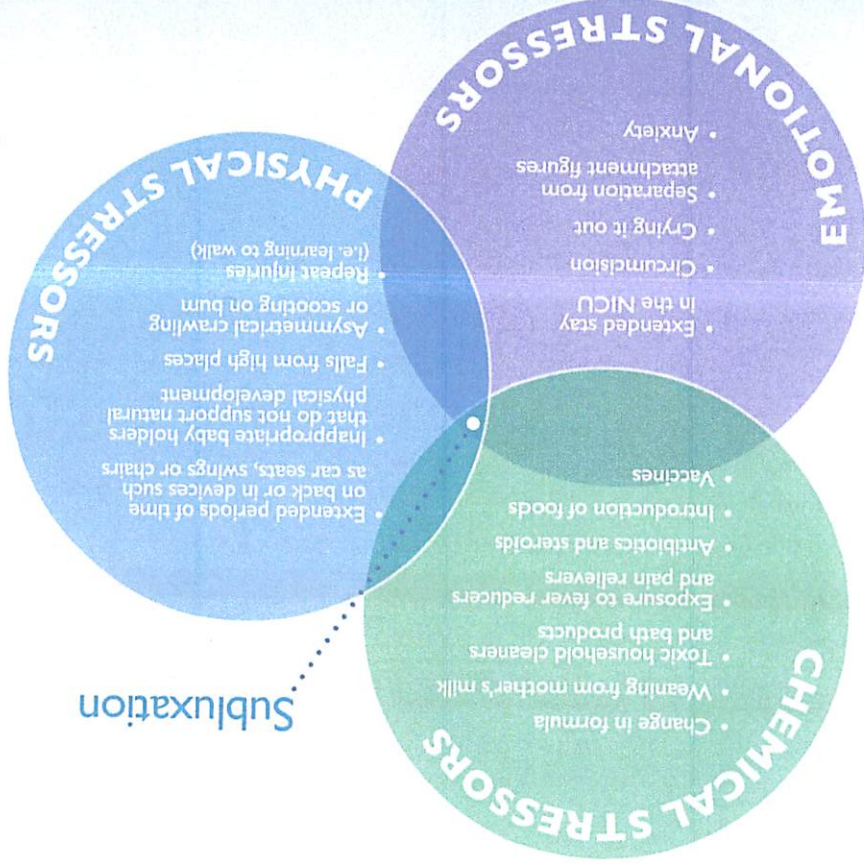


When to Have Your Healthy Child Checked By a Chiropractor: The First Year

The transition to parenthood or the addition of another family member is a busy and unpredictable time; sometimes challenging but always rewarding. The importance of including regular preventative chiropractic check-ups for children cannot be understated. Your baby experiences rapid development of their spine and nervous system in the first years of life. Chiropractors specialize in the detection and correction of nervous system interference so that your child can grow and thrive with true health to maximize their potential.



Infants are born with only one c-shape curvature in their spine



The cervical lordosis develops in the first few months as the posterior neck muscles get stronger to hold the head up against gravity



The lumbar lordosis develops between 6-12 months as babies start cross crawling and cruising



Eventually when all four curvatures have developed they can support themselves upright while walking

Other factors that play a role in frequency of care by their chiropractor:

- Health of mom and dad prior to conception
- Chemical interventions during pregnancy (hormonal support, pharmaceuticals, GMOs, processed foods, pain relievers, etc.)
- Physical stress during pregnancy (ultrasounds, motor vehicle accidents, intrauterine constraint, etc.)
- Emotional stress during pregnancy (previous losses, IVF pregnancy, change of employment, death in family, financial hardships, worrying about parenthood, etc.)
- Interventions during delivery (forceps, vacuum, antibiotics, epidurals, caesarean, pharmaceuticals, etc.)
- Insight™ subluxation scan results

Other signals that your infant should be checked by their chiropractor more frequently:

- Difficult or Painful Latch
- Baby Arching Back
- Infrequent Bowel Movements (less than every 24-48 hours)
- Eczema / Rashes
- Frequent Spit Up
- Irritable Baby
- Torticollis / Head Tilt
- Misshapen Head
- Delayed Milestones
- Frequent Congestion or Illness